

SPRING EQUINOX SUN CATCHERS: DAILY PROGRAMMING

Activities, games, movies, and articles will help strengthen memories and connect to our Spring Equinox Sun Catchers: Daily Programming activity with programming throughout the month!

Quick Printable Activities

- Spring word search: [Link Here](#)
- Spring Fun Crossword: [Link Here](#)

Sensory and Creative Activities

- Making Nature Sun Prints: [Linked here](#)
- "How to make Washi Eggs": [Link here](#)
- Upcycled Plastic Bottle Light-Catcher Art: [Link here](#)
- Raindrop Suncatchers: [Link here](#)
- Cherry Blossom Wind Socks: [Link here](#)
- Another use for embroidery hoops- DIY Hanging Flower Chandeliers: [Link here](#)
- Sunny warm area? Make sun-dried fruits and veggies!: [Link here](#)
- Sun Tea: [Link Here](#)
- Other Sunshine-themed simple food recipe ideas: [Link here](#)

Articles & Sun-science Activities

- What is the difference between a solstice and an equinox?: [Link here](#)
- 20 Sun Science Activity Ideas: [Link here](#)
- Cook with a Solar Oven- and make solar s'mores: [Link here](#)
- Feel the burn? Explaining the Science of Sunscreen: [Link here](#)
- How to Safely Get Vitamin D from Sunlight: [Link here](#)

Miscellaneous Spring & Sunshine Gift Ideas

- Easter or Spring Gifts- Bunny & Chick Washcloths: [Link here](#)
- DIY Sunshine Gift Ideas & Printables- great lists of gift-bag ideas: [Link here](#)

Poetry Corner:

- Poems About the Sun: [Link Here](#)
- Spring Poems: [Link Here](#)

Movies and Music

- "You are my sunshine", by the Dead South: [Link here](#)
- More Sun-themed songs Youtube playlist: [Link Here](#)
- "March Equinox Explained"- explore science & stars in this Equinox video (10min): [Link Here](#)