



Benefits of Birds: Environmental Conservation

Make your landscape bird-friendly by using native plants. Native plants are good for the ecosystem:

- Using less water
- Resistant to disease
- Less work to maintain



Junco



Benefits of Birds: Pest Control

Birds provide a natural pest control service by eating a variety of insects, including aphids, mosquitoes, weevils, and caterpillars.



Robin



Benefits of Birds: Flower Pollination

Birds that sip nectar, such as hummingbirds or orioles, are helpful pollinators of garden flowers.



Ruby-throated Hummingbird



Benefits of Birds: Weed Control

Finches, towhees and sparrows eat great amounts of weed seeds, which helps control unwanted plants.



House Finch



Benefits of Birds: Wildlife Conservation

Backyards provide a much-needed oasis for birds and wildlife, both for local species and migrating birds.



Flicker



Benefits of Birds: Stress Relief

Watching birds, listening to their songs and taking the time to work outdoors can relieve stress and promote well-being.



Chickadee