

# WINTER SPRUCE UP! DAILY PROGRAMMING

Here are more activities to help strengthen memories and to connect to our “Winter Spruce Up! Pruning, Propagation & Pressing Activity” throughout the month! You can continue to prune and propagate plants from the Eldergrow garden all year long in order to keep your garden looking lush, happy and healthy, with thematic programming throughout the month!

## Quick Printables

- **Propagation** word search: [Link Here](#)
- **Parts of Plants** word search: [Link Here](#)
- **Houseplants Coloring Pages** (Click "Print Image"): [Link here](#)

## Creative Corner

- **Flowers in a Vase Activity** (great activity when pruning lots of plants): [Link Here](#)
- **Zero Waste Planters for Propagating Cuttings:** [Link here](#)
- Once your propagated leaves turn into mature plants, consider planting them in the Garden or in **Cool Window Boxes:** [Link here](#)

## Herb Leaf Activity

- **"Herb Leaf Matching Game":** Take a leaf/flower/sprig from several herbs in the garden. Hand one to a resident and do a “Scratch and Sniff” sensory stimulation exercise. Next, see if they can find the matching plant in the garden by using their different senses. Repeat until all herbs are identified. Remove (and wash) the plant labels for more of a challenge – make a “plant map” of your garden first so you can put them all back correctly!
- **Silly Jokes About Herbs:** [Link here](#)

## Horticulture

- **Start Planning a Spring Plant Sale!** Does your community enjoy fund raising for a good cause? If you start propagating plants now and then transplant them into organic potting soil in small nursery pots in about a month or two, they will have time to get nice and full for a Spring Plant Sale! Be sure to use the Eldergrow Approved Plant list for the plants that are safe for your residents to handle. Here are some plant sale tips. [Link here](#)
- **Plant Spotlights:**
  - **Helping Your African Violets to Bloom:** [Link here](#)
  - **How to Grow and Care for Rex Begonias:** [Link here](#)
  - **How To Take Care Of A Peperomia Plant:** [Link here](#)
  - **Planting Kalanchoe with Leaves:** [Link here](#)
- **Check Out all of the Beautiful Begonias!** [Link here](#)

## Movies and Short Videos about Plants and Propagation:

- **Watch a Garden Come to Life in This Absolutely Breathtaking Time-Lapse | Short Film Showcase:** [Link Here](#)
- **How to Propagate Plants: 4 Methods to Master:** [Link Here](#)
- **More Science of Vegetative Techniques:** [Link Here](#)
- **Relaxing Plant Tour:** [Link here](#)
- **Fun Houseplant Home Tour with Miss Leidy, The Plant Lady:** [Link Here](#)

## Music:

- Here's a video of Frank Sinatra, singing “Let it Snow!” [Link here](#)
- **Soothing Music for Plant Growth and Overall Health** (relaxing music to plant to as well): [Link here](#)
- **Classical Music for Plants** (and fun to watch the beautiful butterfly)- Numerous studies have indicated that playing music, especially classical music, promotes faster and healthier growth. Let's start out our cuttings to music: [Link here](#)