LUNAR NEW YEAR BLOSSOMS & LANTERNS: DAILY PROGRAMMING

Here are more activities to help strengthen memories and to connect to our Lunar New Year: Blossoms & Lanterns Activity throughout the month! As you plan your activities, keep in mind that the Lunar New Year starts on January 29th, 2025, until February 16th, 2026. Preparations can start 7 days before!

Quick Printables, Winter Games & Jokes

- Chinese New Year Word Search: Link here
- Would your residents enjoy the story about the monster named Nián? Here are more Chinese New Year
 Stories & Myths: Link here
- Cut out and give everyone their own Zodiac card based on their birth year. Link here
- Interesting information about the Year of the Dragon (2024) & Year of the Snake : <u>link here</u> & <u>link here</u> and more zodiacs here
- Short and Funny Jokes: Link here

Creative Corner

- Make a Paper Chinese Lantern: Link here
- Lunar New Year Activities And Crafts: Link here
- Make Leaf Luminaries: Link here

Horticulture

- Visit some of Japans magnificent cherry blossom trees: Link here
- Top 9 Lucky Lunar New Year Flowers and Fruits: Link here
- Learn how the Lunar New Year is linked to the cyclical pattern of agricultural production: Link here

Watch the Lunar New Year Celebrations online!

- Let's go to a virtual parade in New York City! Link Here
- Watch an exciting, traditional Lion Dance! Link here

Learn More About Lunar New Year Celebrations

- Try traditional Qi Gong breathing techniques during a daily exercise, meditation group, or as a relaxing way to wrap up your Lunar New Year activity. <u>Link here</u>
- Template for cutting out and folding traditional red envelopes for luck and good fortune (<u>This site</u> has lots of free templates and instructions, or a simple template doc <u>here</u>)
- Did you know that in preparation for the Lunar New Year, many people start their spring cleaning? Have your residents help prepare for the festivities by doing maintenance tasks in the garden! (Watering, raking the soil, pinching off dead leaves and flowers, picking up fallen leaves from the soil, dusting the garden structure and fan- turned off, etc.)
- Ordering Chinese food for a catered celebratory event? Here are ideas of what to order: <u>Link here</u>
- If your budget allows, hire local lion dancers for an exciting cultural experience! (See the image to the right.)

