HONORING NATIVE AMERICAN HERITAGE MONTH - DAILY PROGRAMMING

Here are more activities to help strengthen memories and to honor Native American Heritage throughout the month!

Fall Themed Quick Printables:

- Fun Fall Word Search: Link here
- Go on a nature hike and see what you can find! Fun Fall Scavenger Hunt for Adults: Link here
- Leaf ID Cards (Free with sign up): Link here
- Fall Coloring Pages for Adults: Link here
- Fall Mad Libs: Link here

Celebrate and Learn More for Native American Heritage Month

- 10 Ways to Celebrate Native American Heritage Month: Link here
- Rethinking Thanksgiving: Link here & Beyond the Thanksgiving Myth: Link here
- The Legend of the No Face Doll: Link here

More Indigenous Stories

- The Corn Mother (Animation): Link here
- "Corn Meal", Boderra Joe: Link here
- "The Language of Corn Pollen": Link here
- **Poetry:** *Remember,* Joy Harjo 1951: <u>Link here,</u> *Peace Path,* Heid E. Erdrich: <u>Link here,</u> *Autumn,* Alexander Posey 1873-1908: <u>Link here</u>

Horticulture Articles: Maize & Corn

- Maize vs Corn What's the Difference? Link here
- Evolution of Corn: Link here
- Why is corn left drying up in fields in the fall? Link here
- What's The Difference Between White Corn And Yellow Corn? Link here
- Pilot project turns corn husks, stalks, leaves into jet fuel: Link here
- New Study Finds Migrants Brought Maize to the Maya: Link here

Videos & Music

- Why Corn is The Most Sacred Crop: Link here
- We are all connected with nature ~ Nixiwaka Yawanawa: Link here
- Rare strains of corn, beans, squash and other native crops might have been lost forever if not for the protection efforts of the Potawatomi and Ojibwe Tribes: Link here
- Relaxing Music Matriarch Iroquois Women's songs: Link here
- The Choctaw Spirit Music (Video): Link here
- Why Do Some Leaves Change Color? Link here

Creative Corner

- Make Corn Husks Wreaths! Have residents make bundles and then wrap wire around them to attach to a
 straw or metal wreath base. Add dried herb bundles for sensory stimulation: Link here
- Corn Husk Dolls and Storytelling: Link here
- Illuminated Twine Pumpkin Project: Link here