LAVENDER BATH BOMBS DAILY PROGRAMMING

Here are more activities to help bring more aromas and soothing bathing fun to our Lavender bath bomb activity throughout the month!

Lavender & Bath Themed Quick Printables:

- Lavender coloring pages: Link here
- Roman Baths Coloring Page: Link Here
- Lavender word search: Link here Bathing word search: Link here
- Lavender gift tags: Link here
- Lavender themed gift tags, decorations and gift paper: Link here

Edible Recipes with Lavender

- Lavender Chocolate Fudge: Link here
- Lavender Hot Chocolate: <u>Link here</u>
- Lavender Honey Cake: Link here
- Lavender Lemon Jelly: Link here
- For savory dishes, mix up some Herbes de Provence with Lavender seasoning: Link here

More Spa Day Ideas

- 10 Things to Make with Lavender (more spa-day lavender recipes): Link here
- Make hand-washing more fun with Calming Lavender Soap Foam Sensory Play: Link here
- Homemade Lavender Bath Salts: Link here
- For less bath clean-up, try Homemade Oatmeal Bath Tea: Link here
- Simple DIY Raw Honey & Lavender Face Mask: Link here
- Tightening Lavender Oatmeal Honey Facial Mask: Link here
- DIY Lavender Lip Balm (with bees wax, coconut oil and Shea butter): Link here

History and Articles on Baths and Lavender

- What's the History of Ancient Roman Baths? <u>Link here</u>
- Roman Baths (World History Encyclopedia): Link here
- A History of Bathing: It Hasn't Always Been About Hygiene: Link here
- A Botanical Overview of Lavender: Link here

Videos & Music

- Peaceful Relaxing Lavender Fields Music for Meditation, Stress Relief, Study: Link here
- Lavender's Blue Dilly Dilly song with lyrics: Link here
- Healing Spa Music Lavender Forests: Link here

Creative Corner

- How to Make Lavender Wands! Use long sprigs of fresh lavender flowers on stems to fashion decorative
 and aromatic wands: Link here
- Q-Tip Painted Lavender Plant Craft: Link here
- Paper Lavender Tutorial (video): Link here
- How to Make a Lavender Wreath: (video) Link here
- Gifts to Sew by Hand: Lavender Heart: Link here