

[PREP / REMINDER EMAIL #1]

Subject line: Preparations for this week's Eldergrow Class, "Fall Spruce Up – Homemade Compost Tea"

Hi [AD Staff name],

[THIS DAY/TIME] in Eldergrow's "Fall Spruce Up" class, residents will continue to practice pruning and propagating plants, while exploring how the Fall Equinox effects the garden! Then they will make a compost tea from household kitchen scraps to help make your garden healthy and happy! Therapeutic goals evaluated and engaged during this lesson are: Cognitive Skills, Sensory Stimulation and Motor Skills

As usual, please have the garden near the activity table (***with brakes on!***) and residents seated by the start of class in order to maximize the full hour of this hands-on activity.

- [EEs ADD ITEMS YOU WOULD LIKE TO ASK COMMUNITY FOR HERE]
- **Do you have small plastic cups that your residents might use for plant propagation?**
- **Also, since residents will be working with various kitchen scraps, soil and water for this sensory experience, make sure your activity table is covered.**

[AD Staff name], you can access this lesson's Talking Points and Bonus Activities through your Eldergrow Portal here: <http://eldergrowththerapygarden.org>

I'm looking forward to working with your staff and residents on this educational and sensory stimulating lesson on [DAY/DATE/TIME]!

[EDUCATOR NAME]